



**Healthy People Healthy Oneida County  
Steering Committee Meeting Summary**

Date: April 6, 2011

Members Present: Linda Conlon, Angela Nimsgern, Sue Kirby, Mary Ticknor, Mary Rideout, Erica Brewster, Amber Weldon (via phone), Terri (intern), Linda Pipgras

Members Absent: Diane Jacobson, Darcy Dickman, Laurie Oungst

Agenda Topic	Discussion	Decision / People willing to follow up
<p><b>Community Needs Assessment Results</b></p>	<p>Health focus and evaluation is half done. Heidi will send out another e-mail reminder to do the survey. Did not do a paper survey this year; only used survey monkey. Linda Conlon is hoping for an 80% response. Currently, we have a 50% response rate.</p> <p>Some of the responses received:</p> <ul style="list-style-type: none"> <li>• People felt rushed in Oneida County group with last two issues.</li> <li>• Majority of responses were positive.</li> <li>• There were no problems with the length of the session being an entire day.</li> <li>• Noise level during the breakout session was an issue.</li> <li>• Could have included poverty level data and discussed further.</li> <li>• Would've been nice to join Counties after breakout session to summarize.</li> <li>• No one was aware there was a CD that could be viewed before the meeting.</li> <li>• Could have presented two topics, taken a break and then presented another two topics and so on because of the amount of data presented.</li> </ul> <p>Overall, the presentation was well done. Will consider all comments for next 5 year presentation.</p> <p>Toothpicks allowed round robin type discussion, but need to find a way to allow people to supply data/information without having to have to use a toothpick.</p>	

<p><b>Next Steps</b></p>	<p>Of the responses received here are the standings:</p> <ul style="list-style-type: none"><li>• AODA – 17 people</li><li>• Mental Health – 21 people</li><li>• Chronic Disease – 13 people</li><li>• Physical Activity – 9 people</li><li>• Nutrition – 7 people</li><li>• Healthy Development – 7 people</li></ul> <p>AODA &amp; Mental Health will be our top 2 focus areas. Oneida County Health Department staff is currently very involved and dedicated in these two areas.</p> <p>As for Chronic Disease, Linda Conlon is concerned with that being too broad for a focus area. What are they going to do? The current Nutrition &amp; Physical Activity Team is not a strong group but they do have strong projects like the 4<sup>th</sup> Grade Challenge. There is a push from Healthcare professionals for chronic disease management and prevention. This starts with nutrition and physical activity and promoting a healthy lifestyle. Need to look more at prevention and how they got this lifestyle rather than the disease itself.</p> <p>Next Steps to focus on:</p> <ul style="list-style-type: none"><li>• Choose 3 focus areas and write a plan.</li><li>• Schedule two morning meetings and invite people to come and help write the plan, looking at evidence-based programming and practices.</li><li>• Oneida County Health Department staff will organize suggestions given and come up with measurable goals.</li><li>• Write the goals.</li><li>• The Steering Committee will critique.</li><li>• Present to the public in the Fall.</li></ul>	
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<p><b>Other</b></p>          <p><b>Dates of future meetings</b></p>          <p><b>Meeting adjourned at 10:00 a.m.</b></p>	<p>The Committee discussed Nutrition.</p> <ul style="list-style-type: none"><li>• Need to look at serving healthy food in the school lunch program, starting with grade school first. There needs to be more nutrition awareness. Look at community/ school gardens. Utilize Master Gardners.</li><li>• Food pantry is working towards healthy nutrition with backpack program.</li><li>• Need to look at fact that it is hard for low income families to afford healthy foods. (Ramen noodles are cheap).</li><li>• Could the Farmer's Market hours be expanded to include a weekday night?</li></ul>          <p><b>June 1, 2011 @ 9:00 a.m.</b></p>	
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