



**Healthy People Healthy Oneida County
Steering Committee Meeting Summary**

Date: April 6, 2011

Members Present: Linda Conlon, Angela Nimsgern, Sue Kirby, Mary Ticknor, Mary Rideout, Erica Brewster, Amber Weldon (via phone), Terri (intern), Linda Pipgras

Members Absent: Diane Jacobson, Darcy Dickman, Laurie Oungst

Agenda Topic	Discussion	Decision / People willing to follow up
<p>Community Needs Assessment Results</p>	<p>Health focus and evaluation is half done. Heidi will send out another e-mail reminder to do the survey. Did not do a paper survey this year; only used survey monkey. Linda Conlon is hoping for an 80% response. Currently, we have a 50% response rate.</p> <p>Some of the responses received:</p> <ul style="list-style-type: none"> • People felt rushed in Oneida County group with last two issues. • Majority of responses were positive. • There were no problems with the length of the session being an entire day. • Noise level during the breakout session was an issue. • Could have included poverty level data and discussed further. • Would've been nice to join Counties after breakout session to summarize. • No one was aware there was a CD that could be viewed before the meeting. • Could have presented two topics, taken a break and then presented another two topics and so on because of the amount of data presented. <p>Overall, the presentation was well done. Will consider all comments for next 5 year presentation.</p> <p>Toothpicks allowed round robin type discussion, but need to find a way to allow people to supply data/information without having to have to use a toothpick.</p>	

<p>Next Steps</p>	<p>Of the responses received here are the standings:</p> <ul style="list-style-type: none">• AODA – 17 people• Mental Health – 21 people• Chronic Disease – 13 people• Physical Activity – 9 people• Nutrition – 7 people• Healthy Development – 7 people <p>AODA & Mental Health will be our top 2 focus areas. Oneida County Health Department staff is currently very involved and dedicated in these two areas.</p> <p>As for Chronic Disease, Linda Conlon is concerned with that being too broad for a focus area. What are they going to do? The current Nutrition & Physical Activity Team is not a strong group but they do have strong projects like the 4th Grade Challenge. There is a push from Healthcare professionals for chronic disease management and prevention. This starts with nutrition and physical activity and promoting a healthy lifestyle. Need to look more at prevention and how they got this lifestyle rather than the disease itself.</p> <p>Next Steps to focus on:</p> <ul style="list-style-type: none">• Choose 3 focus areas and write a plan.• Schedule two morning meetings and invite people to come and help write the plan, looking at evidence-based programming and practices.• Oneida County Health Department staff will organize suggestions given and come up with measurable goals.• Write the goals.• The Steering Committee will critique.• Present to the public in the Fall.	<p>Linda Conlon will talk to the Northern Regional Office about a broader focus area, combining more than one focus area without being too broad. Possibly looking at a Healthy Lifestyle Coalition?</p>
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<p>Other</p> <p>Dates of future meetings</p> <p>Meeting adjourned at 10:00 a.m.</p>	<p>The Committee discussed Nutrition.</p> <ul style="list-style-type: none">• Need to look at serving healthy food in the school lunch program, starting with grade school first. There needs to be more nutrition awareness. Look at community/ school gardens. Utilize Master Gardners.• Food pantry is working towards healthy nutrition with backpack program.• Need to look at fact that it is hard for low income families to afford healthy foods. (Ramen noodles are cheap).• Could the Farmer's Market hours be expanded to include a weekday night? <p>June 1, 2011 @ 9:00 a.m.</p>	
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