



# ONEIDA COUNTY CHRONIC DISEASE PREVENTION COALITION

Date: June 13, 2012

Recorder: Teri Schwab

Members Present: Marilyn Duschl, Brenda Walters, Paula Gebauer, Debra Durchslag, Catherine Joppa, Zachary Meyer, Susan Schiller Kirby, Gina Egan, Hope Williams, Teri Schwab, Kyla Waksmonski

Agenda Topic	Discussion	Decision / People willing to follow up
<p><b>Oneida County Chronic Disease Coalition Meeting Minutes</b></p> <p><b>Welcome</b></p> <p><b>Review May Minutes</b></p> <p><b>Coalition Naming Activity</b></p> <p><b>Headlining Activity</b></p>	<p>6-13-12; 3:30-4:30 Oneida County Committee Room 1</p> <p>Kyla Waksmonski, Teri Schwab- Oneida County Health Dept.</p> <p>The group reviewed the May 2012 meeting minutes.</p> <p>The group received a list of names for the Chronic Disease Prevention Coalition. The group circled their top two choices.</p> <p>The group participated in a headlining activity: Imagine it is 2017 and you're watching the local news or reading the local newspaper. You hear or see a headline about chronic disease in Oneida County. What is the accomplishment, event, statistic, etc?</p> <p><u>Headline Activity divided into subtopics</u></p> <p><b>Workplace Wellness</b></p> <ul style="list-style-type: none"> <li>• Local Businesses Increase Productivity Due to Lower Healthcare Costs</li> <li>• Vending machines offer healthy options at workplaces</li> <li>• Health care rates dropped 11 to 17% over the last 5 years</li> <li>• 20 Businesses in Oneida and 20 in Vilas County have implemented the</li> </ul>	<p>Debra Durchslag made a motion to approve the May meeting minutes. Marilyn Duschl seconded. All approved.</p> <p>The group will use the themes drawn out from this activity for future strategic planning and activities.</p>

- Business case for Breast Feeding
- Business Case for Breastfeeding is implemented in all work places in Oneida County

**Access to Healthy Foods**

- Neighborhoods have Community Gardens
- All Oneida and Vilas County Farmers markets accept EBT cards
- Area Grocery Stores have agreed to provide one fruit and one vegetable every week to residents at cost
- Fast Food Restaurants go bankrupt/out of business in Oneida County
- Farm to School program in all County Schools
- Farm to School
- Oneida and Vilas County Schools participate in the Farm to School Program

**Recreation Activity**

- Over 50 miles of recreation trails around the County
- High participation rate in Fit Families
- All Northwood’s bike trails are now linked, and are a major attraction to the area
- Northwood’s families on the move They report an increase in daily exercise
- Leisure time activities at a all time high up 25%
- First ever senior Olympics held in the Northwoods
- Communities Energized into action
- Sandlot program is a big success and is now available at the middle school level
- 16% of Oneida and Vilas County adult residents report no physical activity Down by 5% from 2012.
- New Games night has seen an increased attendance to 150 children and adults at Hodag Park
- “O” reports that more 6<sup>th</sup> graders participate in outdoor activities than classes reported 5 years ago, they are now outside an average of 12 hours a week vs. 2 hours a week 5 years ago

**Schools**

- School district votes to increase PE minutes per week by 60 for elementary and middle school students
- NW schools no longer provide sugar added drinks in vending machines
- All W schools now participate in Farm to School
- Presidential Fitness awards went up 15% in the last 5 years
- Oneida and Vilas County have implemented Safe Routes to School Program
- Amount of PE n Schools increased

**Quality of Life**

- 8 out of 10 North woods women of 500 surveyed, say they have lost weight and sleep better than 5 years ago
- North woods picked as one of the 10 best places for seniors to retire
- Life expectancy increase by 5 years
- Quality of life for seniors have increased



**Other**

**Next Meeting**

**Next meeting will be in Rhinelander, Second Floor of Oneida  
County Courthouse- Committee Room #1  
Wednesday, July 11<sup>th</sup> 3:30-4:30**

**Meeting adjourned 4:30 PM**