

Northwoods LEAN (Linking Education, Activity, and Nutrition)

Annual Meeting

January 8; 3:30 -5:00 OCHD

Attendees: Teri Schwab, Kyla Waksmonski, Sue Kirby, Pam Snyder, Marilyn Duschl, Hope Williams, Sandra Bergman, Lacey Welke, Laura Magstadt, Mary Sikora-Petersen, Carl Meyer, Deb Durchslag, Deb Karow, Carrie Miller, Jane Banning, Kyle Adams, Marie Skubal, Lori Bergum, Gina Egan.

Time	Agenda Item	Purpose/ Desired Outcome	Summary/Discussion	Action
3:30	Welcome & Intro	Introduction	Introductions were done by all present	Welcomed new members
3:35	Bylaws & Member Expectations	Review/Approve	<p>Some minor revisions were made such as adding Vilas County since coalition is two county coalition.</p> <p>Updated group about the changes that have been made regarding role of leadership members to be able to do some decision making to create flexibility to make the work of the coalition go as smoothly as possible.</p>	<p>Since the leadership group was just elected the coalition approved that they remain in leadership position at this time.</p> <p>Mariyln D. made motion and Deb D. seconded that the bylaws be accepted as written. Approved.</p>
3:45	2013 Annual Report	Informational	<p>Kyla reviewed the annual report. In CHIP report we focused on the goals listed in this document. In the annual report, there is a listing of activities and presentations given in the area as well as listing of accomplishments.</p> <p>Completed Food Day activities and this was also outlined as well.</p> <p>The \$400,000.00 grant has been awarded and will start April 1, 2014.</p>	<p>The report will be posted on the LEAN website and the county websites as well.</p> <p>If someone wants a copy they can also contact Kyla.</p>

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			Coalition Successes were also highlighted.	
4:15	Implementation grant and next steps	Informational	<p>Review of the Goals of the WPP implementation grant Goals and Objectives.</p> <p>There is a grant that has been applied for that will help to conduct focus groups in area largest employers to understand what the barriers are from their worker’s perspectives for wellness. They will find out about outcome of this grant at the end of January 2014. It will start in February 2014 if received.</p>	<p>Next steps leadership team will be meeting to overview the specific plan and as a coalition member be thinking about what areas that you will be interested in working on. Let Kyla know if you have specific areas that you are interested in.</p> <p>Kyla will send out the grants so people can review for details in understanding how they might connect.</p>
4:30	Website Review	Informational	<p>We reviewed the updates that were put in the website updates from the information that the groups provided after our last coalition meeting.</p>	<p>Any additional resources that you as coalition members would like to see added, please forward this information to Kyla.</p> <p>We can add link for calculators for what you eat and activities. Fit Bit programs were overviewed, ie. Print Pack will be using for</p>

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				<p>employees.</p> <p>Discussed ways to market the website and ways to include pictures from activities on website to promote connection to the LEAN website. Will need to explore a QR maker and promotional/media aspects.</p>
4:55	Evaluation			<p>We reviewed what went well and what can be improved for our coalition meetings.</p> <p>Went well Well organized Time attendance and review of action Synergy from group Good representation from many sectors New members Welcomed feedback from new members Use of computers to project what is being viewed. Nice group working location.</p> <p>Could Improve Get a list of attendees.</p>

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	Review of action items Next Meeting, March 19 3:30 p.m.			Have a table tent for help in remembering names. Consider having a small portion for a social meeting.
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