

Northwoods LEAN (Linking Education, Activity, and Nutrition)

OCHD Conference Room

May 14; 3:30-5:00 PM

Attendees: Laura Magstadt, Carley Reynolds, Jim Owens, Blaine Conley, Lacey Welke, Gina Egan, Mary Sikora-Peterson, Marta Koelling, Sue Kirby, Kyla Wakmonski, Teri Schwab, Jane Banning, Marilyn Duschl, Terri Miller, Sandy Bergman, Lori Bergum, Hope Miller, Kelsy Bontz, Erica Brewster, Wendy Henrichs.

Time	Agenda Item	Purpose/ Desired Outcome	Summary/Discussion	Action
3:30	Welcome & Intro	Introduction	Laura introduced herself and welcomed all.	Welcome to new members present today. Introductions by all.
3:35	Socio-Ecological Model - Erica Brewster	Informational	<p>Erica Brewster from UW Extension introduced and did an explanation for the Socio-Ecological Model. Reflected on past public health messages.</p> <p>Public health has in past focused on the individual. This model steps back and looks at the environmental and sectors of influence and social and cultural norms and values.</p>	<p>Technology is biggest changes. More public discussion about being active, change in family structure, fast food.</p> <p>Multi-factoral approach to making changes is now done to target and influence change in multiple areas.</p> <p>Discussion focused on clarification of how this model works.</p>

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3:55	Committee Updates	Decision/Informational	<p>Point of Decision Prompts.</p> <p>Safe Route to School</p> <p>Worksite Wellness</p> <p>Education committee</p> <p>Leadership committee wants to make sure that the committees have what they need.</p>	<p>Point of Decision Prompts is working toward building additional committee members. They are working on the goals of the work plan</p> <p>Safe Route to schools decided to wait to meet in fall when school is back in session.</p> <p>WW meets May 23,2014.</p> <p>Education committee meets at the end of May.</p> <p>Committees should be letting the leadership committee know what their needs may be so they can be as effective as possible.</p> <p>Questions: toolkits: They are on line.</p> <p>Chamber of Commerce works with the Oneida County Leadership training. Scholarships are available. Leadership</p>
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				retreat at Treehaven and then meeting monthly. They then adopt a project from January- May to work on the project.
4:20	Networking/Stretch Break	Relationship Building		Successful and helpful for people to have time to connect.
4:30	2014 Workplan Review	Informational	The workplan was shared so the coalition had an awareness of the plan and how it fits in the larger Oneida County workplan.	Went through the plan and updated committee membership. Plan will be attached to the LEAN webpage and will be included in the meeting minutes.
4:40	NLAPH Update	Informational		The NLAPH leadership group consists of Laura, Gina, Kyla and Sue. They went to Atlanta in March and continue with monthly coach meeting and monthly homework. Next coming in July the coach working with NLAPH will be at the coalition meeting and

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				will present on health equity.
4:50	Past and Future Events	Informational/Decision	LEAN had a booth at the Ministry Health care health fair in April. At the YMCA Healthy Kids Day, the master gardeners helped kids plant lettuce and in about one month the kids can pick and eat their lettuce.	Extra supplies were provided to the Y after school program. Will continue to connect with Eagle River Health fair is coming in June. Kids Logjam in June at the boat landing by Hodag Park held by the Chamber of Commerce. Hodag Run on June 20th Relay for Life in June Greens and Bluegrass at Northland Pines this coming Saturday. Discussion of linking with the Farmer's Market. Art in the Courthouse Square 2nd Saturday in June.

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				Bike Rodeo is next week June 21st from 4-7. Rain date is June 26th 4-7.
4:55	+/- and Training Needs	Feedback		Liked having a speaker Networking a little was good. Would like some built in team time. May need different rooms to work in during team time. May need additional space as group grows. Liked workplan overview Appreciated open communication and ability to voice opinion and get feedback. Nice to see new faces and new ideas as well. Liked thinking about outreach. Liked the outreach and about local events that are going on.
	Next Meeting July 9 3:30-5:00 pm			Location will be at the Oneida County. Can invite additional community and agency members to attend the meeting at this time.