

Meeting Minutes from: Tuesday, January 3, 2012

Attending: Cathy Koerpel, Jaye Bessa, Donna Shimeck, Sue Piazza, Pam Pedersen, Gail Nelson, Char Ahrens

Group: Mental Health Interagency Council

| Topic  | Discussion   | Follow Up   |
|--|--|---|
| <p>Introductions and Updates</p>   | <p><i>Vilas County Health Dept:</i> Moving into Dr. Draeger's office building.</p> <p><i>Dept of Aging:</i> Not moving until end of February, beginning of March due to floor issues.</p> <p><i>Oneida County Health Dept:</i> Not moving until at least April due to computer/phone issues.</p>   |   |
| <p>2012 Preliminary Workplan e-mailed 11/8/11- any revisions<br/>           Venues/ PR msgs for MH Month, Summit, Anti-Stigma Campaign?</p> <ul style="list-style-type: none"> <li>• Collaboration with AODA and other partners</li> </ul> | <p>Char sent out 2012 workplan last month, tying into Community Health Plan.</p> <ul style="list-style-type: none"> <li>• Anti-stigma campaign will include messages on post partum moms.</li> <li>• Brain Insight Calendar – Is Nancy doing again this year?</li> <li>• Doug Nelson's psychology class will do something again this year.</li> <li>• Collaboration with AODA               <ol style="list-style-type: none"> <li>1. Char and Andrea went to the last AODA meeting.</li> <li>2. MHIAC will collaborate with AODA on youth risk assessment. Mental health questions will be added.</li> <li>3. Flo Hilliard will discuss gender differences March 1<sup>st</sup> with the AODA Coalition and then on March 2<sup>nd</sup> with the school district.</li> </ol> </li> </ul> | <p>Char will attend a couple more AODA meetings and will talk with Anne Cirilli, AODA liaison from Oneida County Health Department.</p> |

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| <p>2012 Mental Health Summit – Status report</p> <ul style="list-style-type: none"> <li>• Goal setting/ funding</li> <li>• Location</li> <li>• Topics</li> </ul> | <p style="text-align: center;"><b>2012 Mental Health Summit</b><br/> <b>May 11 2012 @ the Waters of Minocqua</b><br/> <b>Theme: Surviving, Thriving, Hope &amp; Peace</b></p> <ul style="list-style-type: none"> <li>• Cathy K contacted Bridget Birdsall, therapist and keynote speaker for the Mental Health Summit. Bridget is author of “Ordinary Angels,” a survivor of child abuse and an alcoholic family. She will speak to the four theme topics: Surviving, Thriving, Hope &amp; Peace. She had some questions:             <ol style="list-style-type: none"> <li>1. Do we have a budget we are working around? Normally, she gets between \$2,500-\$10,000 and \$250-\$2,500 for schools.</li> <li>2. Can she sell books? Group agreed she can sell books.</li> <li>3. Should she leave room for panel discussion/ participation? Group decided no.</li> <li>4. Should she do timed writing projects with audience? Group decided no as there already is someone doing journaling.</li> </ol> </li> <li>• \$1,000 from Community Health Plan and \$200 from agency donated towards Mental Health Summit. It was requested that Linda Conlin attend the next meeting to explain donations.</li> <li>• Jaye e-mailed Waters of Minocqua. Booked May 11<sup>th</sup> but didn’t discuss payment. Maureen was going to take a look at the facility.</li> <li>• Pam P has two individuals lined up for the breakout</li> </ul> | <p>An e-mail will go out to group members reminding them to contact their individuals. If you are not able, to attend next month’s meeting, e-mail the information to everyone.</p> |

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|       | <p>session. The group ok'd paying for lodging and mileage. Jaye stated that the school district may be able to use them to help with cost.</p> <ul style="list-style-type: none"> <li>• Other possible locations:               <ol style="list-style-type: none"> <li>1. Nicolet College did not respond to using their facility but they have graduation and the theater is using in May.</li> <li>2. Treehaven it was decided is too small for this event.</li> </ol> </li> <li>• Jaye contacted Lynn Verage with CESA. She does not do de-briefing but does do critical incident.</li> <li>• There were 15 speakers last year.</li> <li>• Registration fee: \$90 for professionals, \$20 for children, \$30-40 for consumers. Will use same fees as last year. Schools may be willing to help with payment for parents with children with special needs.</li> <li>• Char has not heard back from Jeremy to get Tribal on board. Pam said he was interested in partnering with.</li> <li>• The Council's goals and objectives were discussed. Phrases used included:               <ol style="list-style-type: none"> <li>1. Provide education and reduce mental health anti-stigma</li> <li>2. Awareness of barriers to professionals, children and consumers</li> <li>3. Options to overcome/ remove barriers to access to care</li> </ol> </li> <li>• Char stated that the biggest obstacle found in post</li> </ul> | <p>Char will contact Jeremy with PAC to see if our theme meets any of his goals and objectives. She will also give him the mission statement.</p> <p>Char and Gail will work on goals and objectives and will forward to Pam to use when talking to Jeremy.</p> <p>Char will check with Howard Young to see if someone would be interesting in speaking on postpartum depression.</p> |

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|                     | partum calls through the Health Department is postpartum depression. More and more are referred to Family Resource Connection or their provider. She suggested the Mental Health Summit may want to address this issue. | She will also do a press release on postpartum depression. |
| Next MH IAC Meeting | <b>Tuesday, February 7, 2012</b><br><b>St.Mary's Hospital</b><br><b>Conference Room 3</b><br><b>12-1 p.m.</b>   |  |