

Meeting Minutes from: Tuesday, March 4, 2014

Attending: Refer to roster: Char Ahrens, Robbie Deede, Andrea Stefonek, Maureen Juras, Donna Shimeck, Jenny Felty, Gayle Van Kirk, Karen Knudson, Katie Kennedy, Sue Piazza

Group: Mental Health Interagency Council

Topic	Discussion	Follow Up
<p>Introductions/ Updates</p> <p>Please note: (prior meeting minutes repeated for reminder purposes only are in <i>italics.</i>)</p>	<p>Long Agenda related to restructuring. Integrating with the AODA council.</p>	
<p>QPR (Question, Persuade, Refer) Trainings</p> <p><i>Last meeting minutes:</i></p> <p>February's meeting:</p> <p>Today's Meeting</p>	<p><i>Need for QPR Training Event Coordination. This would include advertising, promotion, reimbursement for mileage for presentations, ordering QPR booklets as needed. Nancy may consider this, but this needs to be discussed soon since it is one of the four major focus areas on our 2014 MHIAC Workplan.</i></p> <p><i>QPR trainings take anywhere from 45 min to 1 hour- could make longer depending on presentation needs.</i></p> <p><i>Need current listing of QPR Trainers and contact information. There is a loss of 3 trainers to-date: Kari Clendenning, Michelle Ruka, Kelly Schoen (relocated out of state).</i></p> <p><i>Discussion re: Mileage</i></p> <p><i>Allot 500.00 out of our existing council balance (checkbook) for potential mileage costs for QPR presenters.</i></p> <p><i>Rate will be determined at a later meeting. Discussion tabled until next meeting when Nancy DeWitt may be present.</i></p> <p><i>Will Nancy have table at Summit?</i></p> <p>Today. QPR Trainers possibly available. Targeted approach to QPR training specific training for specific classes.</p>	<p>Andrea will try to coordinate a QPR meeting and work with Nancy for facilitation of the meetings</p>

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	<p>Donna: has Michelle and Jessica Bellard Reimburse mileage and booklets with a max of 500.00 from existing council balance. Council needs a treasurer to be slatted to the next meeting.</p>	<p>Reimbursement requests to Char currently Cathy holds checkbook.</p> <p>Next agenda: Treasurer position needed?</p> <p>Lynn Feldmen attending a grant writing training.</p>
<p>February: HS Student Survey 2014</p> <p>Today's Meeting</p> <p>Coalition Sustainability—WI Leadership Institute</p>	<p><i>Survey introductory letters and copy of survey, along with link to Survey Monkey were mailed 1/31/14 to: RHS, Lakeland, Three Lakes, Phelps, Northland Pines, Crandon, Wabeno, Laona High Schools. Survey runs 2/10 to 4/10/14.</i></p> <p>Survey open until April 10th-- mailed to administration and counselors and vested parties Three Lakes will not be participating. Char passed copies of the surveys as of Feb 27th, 368(ages 14 and over) students have responded to the survey. Primarily Rhinelander HS Northland Pines, Lakeland</p> <p><i>Need to bring more interested MHIAC members to meetings, and discussed need to re-energize group by working collaboratively and innovatively on MHIAC goals and projects. Handout on training had been emailed to group earlier, and passed around during meeting. Char is interested in attending. Andrea is unable to attend first set of training sessions, so cannot participate. No other interest from members at meeting, to-date. Registration deadline is March 1st. Idea to see if anyone from AODA Coalition would like to attend, so we could collaborate on a mutual project.</i></p>	<p>Char will contact schools not actively participating as deadline closes.</p> <p>No AODA members able to attend Coalition Leadership Institute Sessions. No one registered. Plan group re-structure for more effective council workplan.</p>

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<p>Student Video Project Mental Health Stigma (Prior meeting minutes in italics as reminder)</p>	<p><i>We need a new lead person for the project, and Lynn Feldman, a UW-Extension Family Living Educator, offered to be our council's liaison with Doug Nelson and the Rhinelander School District. Reminder to contact Kelly Schoen to give her a copy of the RHS video, Breaking the Stigma, and to invite her to the F.B.Koller Mental Health Summit in May 2014. Katie had her cell phone number, and this was shared at the meeting.</i></p> <p><i>Char has kept in touch with Doug Nelson, who will have his class participate in NAMI video contest. Contest rules sent via email by Char, Pam, and Lon Voils of NAMI to other schools.</i></p> <p><i>Discussion that MHIAC will fund pizza party for Doug Nelson's classes that work on project, and videos will be submitted to our group this year, for our review, and awards.</i></p> <p><i>Lakeland HS may also participate and has shown interest, but no definitive answer from their staff, to-date (CA)</i></p> <p>No new discussion at today's meeting.</p>	<p>No new discussion today.</p>
	<p>Sub committee meeting every 2 weeks 5.5 CEU approved Brochure to be out mid to end March Breakout sessions planned and ready Money through Community Mental Health</p>	

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<p>Frank B. Koller Summit planning –</p> <p><i>(Prior meeting minutes listed in italics!)</i></p> <p>2014 Workplan SWOT Analysis or Survey Monkey</p> <p>Today’s meeting:</p>	<p>Scholarships available, but not being advertised Sub-committee acquiring T-shirts with EMIS on it Table free and can have lunch free, but attending will cost money. Sub-committee to meet the week of 3.10.14 Discussed moving to biennial summit and having a walk event on off years. "Unexpected Loss Walk"</p> <p><i>Limit activities to 4-5 to match CHIP Goals!</i></p> <ol style="list-style-type: none"> 1. Collection of Data (<i>local healthcare facilities, comm. Databases, presentation evaluations, etc</i>) Resource List by County (note example of Price Co). List of clinicians, website address, phone number 2. Collaboration: retain/promote school initiatives: <i>Videos, PSA’s (Policy change: curriculum) and HS Student Survey; NAMI Drop-In Center support.</i> 3. Suicide prevention outreach : <i>QPR Project</i> 4. Anti-stigma awareness & education: <i>FBK MH Summit 2014</i> <p><u>SWOT Analysis</u> Complete on your own time- one comment per page okay.</p> <p><u>Proposals</u></p> <p>Proposal #1 Rename to: Tri-County Mental Health Interagency Council Forest, Vilas, and Oneida Counties- Consensus: Keep as Mental Health Interagency Council. Counties are listed in MHIAC brochure in mission statement.</p>	<p>Katie volunteered to spearhead/ gather information regarding walks.</p> <p>Char will send out SWOT forms to other members not present. If you need a form, contact Char. Bring to next meeting May 6. On next agenda.</p>

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	<p>Project KNOW (AODA & MH)- school/youth/parents QPR/Suicide Prevention- men, veterans, adolescents FBK Summit/ Loss or MH Awareness Walk- all ages Video Contest/Poster Contest – schools/youth/teens Other: Depression/intergenerational mentoring-Senior population</p> <p>High School Student Survey- schools/teens Data Collection/Survey - all ages</p> <p>Note: Char, Andrea, Ann (Ministry), Jim Lawrence (WI DHS No. Regional Office), Linda Conlon (OCHD) meeting to identify questions to collect data on. Want meaningful data for the community. Donna’s agency, Human Resource Center, able to provide information regarding the MH crisis line with data about calls. This data needs to be analyzed.</p> <p>Data from HS Student Survey, Crisis Line calls, healthcare facilities can then be used to determine gaps, trends, and community needs regarding mental health/AODA issues.</p>	<p>Keep on next Agenda.</p> <p>Char will bring data gathered from HRC-MH Crisis Line to Data Collection meeting. Meeting March 13, 1-3:00, Ministry Riverside Clinic, 2nd floor.</p>
<p>Next/upcoming MH Interagency Council Meetings</p>	<p>May 6, 2014 1st Tuesday, every other month, 11:30 to 12:45, St. Mary’s, Room 1, unless designated otherwise. CST meeting immediately following. <i>Respectfully submitted by Rob and Char.</i></p>	<p>Will need to discuss having a July meeting.</p>