

Meeting Minutes from: Tuesday, March 6, 2012

Attending: Andrea Stefonek, Cathy Koerpel, Jaye Bessa, Donna Shimeck, Pam Pedersen, Gail Nelson, Char Ahrens, Tammy Modic, Robin Mainhardt, Missy Zoephel, Nancy Dewitt

Group: Mental Health Interagency Council

Topic	Discussion	Follow Up
<p>Introductions/ Updates</p> <ul style="list-style-type: none"> • Welcome to AODA Coalition member: Jeff Knudson • Discuss collaboration between MHIAC & AODA: shared activities, Youth Behavior Risk Survey, increasing community participation 	<p>Jeff Knudson unable to attend today’s meeting. He will come to next month’s meeting. Jeff would like members of the MHIAC to attend the next AODA meeting.</p> <p>Due to her busy schedule, Andrea asked if anyone was interested in being the Chairperson. She wishes to stay on the Council but is willing to give up her Chairperson position.</p> <p>Char told the members that within the 2012 workplan, it is stated that the Mental Health Interagency Council wishes to collaborate with the AODA Coalition, specifically in the Youth Behavior Risk Survey.</p> <p>Jaye stated that James William Middle School will be doing the survey soon. Only the Freshman and Sophomores will be doing it at the High School.</p>	<p>AODA initiatives tabled until next month’s meeting.</p> <p>Char will e-mail members the next meeting date of the AODA Coalition so members interested may attend.</p> <p>Char will check on getting AODA meeting minutes. She will then forward to group.</p>
<p>Mental Health Anti-Stigma Campaign ideas/ venues: Group brainstorm – radio/ tv exposure, any upcoming health fairs?, articles</p> <ul style="list-style-type: none"> • Children’s Mental Health Calendar Update (Nancy) 	<p>Missy will be attending the Anti-Stigma International Conference in Ottawa, Canada. The conference theme is “Together Against Stigma”, June 4-6, 2012. Her daughter wants her to write a paper to present at the conference. If she is a presenter, she will need help with making EMIS pins for distributing at the conference. Suggested resources for help included Doug Nelson’s class & Koinonia.</p>	

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	<p>Missy's daughter is also creating a website for EMIS. The website will also allow people to chat about their problems.</p> <p>Char did two radio spots and talked about the mental health crisis line and post partum depression.</p> <p>Andrea discussed the Ministry Hospital Fair being held Saturday, April 21st or 28th in the morning. The MHIAC could have a booth.</p> <ul style="list-style-type: none"> • National Alliance of Mental Illness (NAMI) has flyers and brochures. • Brainstorming ideas included: green ribbons, mental health calendar, MHIAC information, relaxation techniques, and pens with anti-stigma slogan. • Nursing student at Vilas County may be able to help at Health Fair. <p>Char will put article on Public Health website. She found newspaper articles last year were not efficient.</p> <p>Make placemats to be used at restaurants.</p> <ul style="list-style-type: none"> • Coloring contest and give prizes. • Have Doug Nelson's class come up with design for placemat & pick the prizes. • Placemats can be judged and then presented at Vilas County's 6th Grade Summit. The summit's topic is "Positive Alternatives." 	<p>Will have further discussion at next month's meeting on having a booth at Hospital Fair.</p> <p>Jaye will contact Doug Nelson.</p> <p>Tammy will get name of advertiser who did placemats at Sportsman Café.</p>

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	<p>Marketing class at Nicolet could work with social media tools for anti-stigma campaign.</p> <p>Does anyone want to be contact person with NAMI Northern Lakes? First meeting was held in Rhinelander at Goodwill.</p> <p>Nancy has finished Children’s Mental Health Calendar for May 5-12, 2012.</p> <p>Nancy presented proclamation for Mental Health Month for Oneida, Vilas and Forest counties. She suggested getting variety of agencies represented. It could then be in the newspaper.</p> <p>Discussed doing Green Ribbon Campaign again this year. The Senior Center helped make the ribbons last year.</p> <p>Nancy stated that Sarah from the Lakeland Times would like to write an article about children’s mental health. The Lakeland Times also wants to do a weekly story for mental health. Nancy, along with a couple of other Council members, would meet with the Lakeland Times and they would then write a story.</p> <p>If there is enough money in the future, the Council could offer a scholarship for anyone going for Behavioral Sciences.</p>	<p>Gail will talk to Lenore Mangles at Nicolet College.</p> <p>Tammy will contact graphic design instructor at Nicolet College.</p>

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	<p>Nancy discussed a public service announcement on mental health directed by Ron Howard and starring Glenn Close and her sister. This could be shown at the Health Fair and at the Mental Health Summit.</p>	<p>Website Nancy mentioned featuring Glenn Close: www.bringchange2mind.org.</p>
<p>2012 Mental Health Summit – May 11, 2012: Status report</p> <ul style="list-style-type: none"> • Bank Acct – Associated Bank/ Fiscal & Funding Update • Location Logistics: Maureen & Jaye • Presenter: Nancy’s two presenters (update) 	<p>No discussion.</p>	
<p>Date for next 2012 Summit Planning Group meeting</p>		<p>Char will e-mail meeting date for Summit Planning Group meeting.</p>
<p>Next MH IAC Meeting</p>	<p>Tuesday, April 3, 2012 St. Mary’s Hospital Conference Room 3 12-1 p.m.</p>	