

Meeting Minutes from: Tuesday, April 3, 2012

Attending: Andrea Stefonek, Cathy Koerpel, Jaye Bessa, Donna Shimeck, Pam Pedersen, Char Ahrens, Sue Piazza, Maureen Juras

Guests: Jeff Knudson & Karen Knudson from AODA Council

Group: Mental Health Interagency Council

Topic	Discussion	Follow Up
<p><b>Introductions/ Updates</b></p> <ul style="list-style-type: none"> <li>• Second call for new chair or co-chairs</li> <li>• Term limit – discuss</li> <li>• Location of future meetings?</li> </ul> <p><b>Welcome to AODA Coalition member: <u>Jeff Knudson</u></b></p> <p>Discuss collaboration between MHIAC and AODA; shared activities, Youth Behavior Risk Survey, increasing community participation</p>	<p>Andrea opened floor to anyone interested in being the new chairperson. If any member is interested, she is willing to step down. Until that time, she will continue as chairperson. Jeff Knudson was asked how the AODA Coalition handles chairperson positions. He informed the Council that they went to having co-chairs and term limits. One position goes up for election each year. The remaining co-chair trains the new co-chair.</p> <p>Jeff Knudson and Karen Knudson from the AODA Council were welcomed. Discussed collaboration between MHIAC and AODA.</p> <p>Andrea informed the Council that Yvette Hittle attended a conference where Mark Sanders spoke and he would be willing to speak for “free” at any MHIAC event.</p> <p>Pam spoke about the collaborative approach between the community and Lac du Flambeau tribal group. She also mentioned that Jeremy just left the PAC group and went to another tribe.</p> <p>Jaye informed group that she knows a grant writer with the school district that would be willing to write for any mental health grants people see, as long as they are big money grants and worth her time.</p>	<p>Invite Mark Sanders to speak at next years Mental Health Summit.</p>

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	<p>AODA happenings: (Jeff)</p> <ul style="list-style-type: none"> <li>• The Wednesday night before Prom they will be doing a spot on Channel 12 Live @ Five promoting the Parents Who Host, Lose the Most campaign.</li> <li>• They are working with the police, sheriff and schools on underage drinking.</li> <li>• They are looking for a new chairperson.</li> <li>• They would like to collaborate more with the MHIAC on health fairs, etc.</li> <li>• Discussed abuse of pharmaceutical drugs and “Doctor shopping”. Electronic medical records will help.</li> <li>• Noted there is a lot of denial on alcohol abuse. Vermont is now ranked #1 and Wisconsin is #2 in underage drinking.</li> <li>• AODA working with Teen Court</li> <li>• Karen spoke about starting a Parenting Network. They need to get information to parents on alcohol and brain development. Flo Hilliard is available to speak to parents.</li> </ul> <p>AODA Coalition is interested in working with MHIAC on brain development and parenting network. It was felt a parenting network needs to begin in grade school and follow on into middle school. Suggestion made to check with schools to see if they currently have an active parent</p>	<p>Char will e-mail brain insights information that is distributed to WIC clients and postpartum mothers.</p> <p>MHIAC Coalition will invite Marshfield Clinic Coalition to next meeting to get their ideas on starting a parenting network.. (Bob Kovar is the Northwoods region contact.)</p>

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<p><b>Mental Health Anti-Stigma Campaign ideas/ venues</b></p> <ul style="list-style-type: none"> <li>• Placemats</li>   <li>• Partnership with Doug Nelson's RHS students-articles/ blogs/ radio/ TV</li> </ul>	<p>group. One focus area that needs to be addressed is bullying in the schools.</p> <p>Discussed problem of sustaining a parenting group once it is set up. Jaye said to target events that have been shown to get 100% participation: 6<sup>th</sup> grade &amp; kindergarten orientations, All About Me (kindergarten), middle to high school transition and Family Nights where food and childcare are provided.</p> <p>Discussed Youth Behavior Risk Survey. The High School is almost complete. It will then need to be reviewed, along with the recently completed Jr. High survey.</p> <p>Questioned whether we are reaching correct audience. Is radio, tv, dvd and newspaper working? Look at partnering with Doug Nelson and Nicolet marketing classes. Char suggested combining AODA and the Mental Health Summit at schools. Need to discuss with new principal.</p> <p>Char discussed a mini-grant she is pursuing to cover a QPR trainer. The QPR trainer is available for AODA events if they are interested.</p>	<p>Jeff Knudson is on the Board of Directors with the Northwoods Coalition. He will discuss with Marshfield Clinic at their next meeting in two weeks.</p> <p>Jeff will look at startup packets (workbooks/tools) needed to develop a Parent Network.</p>

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<ul style="list-style-type: none"> <li>• Ministry Health Fair April (Andrea)</li> <li>• Children’s Mental Health Calendar Update (Nancy)</li> </ul>	<p>Cathy suggested including students from Doug Nelson’s class to get student involvement. Meetings would need to held at the high school</p> <p>Ministry Health Fair – Saturday, April 21st.</p>	
<p><b>2012 Mental Health Summit – May 11, 2012</b></p> <p>Status report</p>	<p>Cathy distributed list of presenters, attendees and committee members. The financial report was also distributed.</p> <p>Doug Nelson’s class will be assembling the folders.</p>	<p><b>Next planning meeting for Mental Health Summit:</b></p> <p><b>Tuesday, April 10<sup>th</sup> 1:00 p.m. at Family Partners.</b></p>
<p>Next MH IAC Meeting</p>	<p style="text-align: center;"><b>May 1, 2012</b>  <b>St. Mary’s Hospital</b>  <b>Conference Room 3</b>  <b>12-1 p.m.</b></p> <p style="text-align: center;"><b>Future Meeting Dates: 1<sup>st</sup> Tuesday of each month:</b>  <b>June 5, July 3, August 7, September 4, October 2,</b>  <b>November 6 and December 4.</b></p>	