

Meeting Minutes from: Tuesday, August 6, 2013

Attending: Andrea Stefonek, Gail Nelson, Pam Pederson, Charlotte Ahrens, Sue Piazza, Laura Rozga, Doug Nelson and Kelly Schoen

Group: Mental Health Interagency Council

Topic	Discussion	Follow Up
<p>Introductions/ Updates</p>		
<p>Doug Nelson and Kelly Schoen - Student Video Project: Suicide Prevention, October MH Week Kickoff – QPR Presentation to RSD High School classes</p>	<p>Kelly worked with Doug Nelson, his psychology class and Dave Meyer from Northwoods Media in putting the student’s videos together and creating the video that was presented at today’s meeting. This anti-stigma video is depicted from the students’ point of view. A title still needs to be chosen and credits added at the end of the video. After viewing the video, the council commented on how very powerful it was. They would like to use it for future events, the Summit and for the Public Health website. They also discussed the possibility of presenting an award or scholarship. The video ran 13 minutes. It flowed very well and the layout was great. The students did a great job!</p> <p>Suggestions by the Council included:</p> <ul style="list-style-type: none"> • Look at submitting for an award. Probably will need to block out last names of students at end of video for confidentiality, security and safety reasons. • Slow the written dialogue down for slow readers. • Look at legal ramifications. Do they need parents to sign releases? The students did sign a release. • Use the video at the Mental Health Summit, area high schools and community organizations, such as the Lions Club, Rotary and Kiwanis. • Have a video contest among area high schools and give an award. • Submit to Mental Health America to put on their website. 	<p>Char will e-mail Kelly regarding credits and who needs to be listed.</p> <p>Kelly will draft a proposal with guidelines for a competition.</p>

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Student Survey Results and Fall 2014 plans – Char	100% of the surveys received were from Rhinelander High School. Unfortunately, there were only 10 responses. The timing of the survey was bad. It was found the end of the school year was not a good time to distribute. We will need to do again after the school year starts. The number of responses was too low to draw any conclusions but one question did stand out. 75% of the students surveyed said they did not feel resources on mental health have been made available or have been provided to them. When asked where they preferred to get their information on mental illnesses, the majority responded teachers, nurses and doctors rather than social media, friends or parents.	
Frank B. Koller Summit planning – Andrea	Pam gave Char a fax she received from The Waters in Minocqua. The tentative date for the Summit will be Friday, May 9, 2014. There is a \$750 setup fee. Meals for 200 people are \$5/ person for breakfast and \$9/ person for lunch. The key note speaker will be Missy. Suggestions for Summit: <ul style="list-style-type: none">• Doug suggested looking at where gaps/weaknesses are from the student survey and using that as theme for student video contest.• Summit attendees vote on videos presented at the beginning of Summit. Have door prize drawing for people who vote. Tabulate votes during lunch and present winner’s name at Summit. Videos will need to be shorter if numerous schools are presenting.• Doug also suggested having students do their videos according to the theme of the Summit.	Need to verify with Missy that May 9th will work for her.

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	<p>Summit speaker ideas:</p> <ul style="list-style-type: none"> • Flo Hilliard • Pam Van Campen – talk on food and mood • Cultural diversity – Native American panel discussion • Students like to hear people’s stories • Panel of kids so adults can ask questions • Geri Hoppe – older adults and depression • Panel of people in recovery or person experiencing someone going through recovery. (Pat Dugen/Yvette Hittle had done a presentation on family roles and made it interactive) 	<p>Sue Piazza will approach Pam and Geri to see if interested in doing a breakout session.</p> <p>Char will contact Ken Ninham/ Family Resource Center in Lac du Flambeau.</p>
<p>Gail Nelson – Rural Communities Grant</p>	<p>Gail discussed the rural communities grant. This is a 12-hr interactive course where you can become a mental health responder. They will give an overview on mental health and substance abuse disorder, risk factors and treatments. You will learn a 5-step action plan to help someone in crisis connect with the appropriate care. Presented nationally by HIRSA and Mental Health First Aid USA. If anyone is interested, Gail stated AHEC would be willing to pay for the training. Pam suggested checking with staff at NATH and Tri-County Council on Domestic Violence. Char asked if United Way 211 operators received this training.</p>	<p>Char will send information out to the Coordinated Service Team and the Oneida County Health Dept to see if anyone is interested in attending. Pam will send out to her groups.</p>
<p>Next MH Interagency Council Meeting</p>	<p>Sept. 3, October 1, Nov 5 (OCHD), Dec 3</p> <p>1st Tuesday of each month, 11:30 to 12:45/1:00, St. Mary’s Hospital, Conference Room 1, unless designated Oneida County Health Dept (OCHD) at 100 W. Keenan St., Rhinelander, across from Trig’s.</p>	