

Meeting Minutes from: Tuesday, December 4, 2012

Attending: Pam Pedersen, Jaye Bessa, Nancy Dewitt, Maureen Juras, Gail Nelson, Andrea Stefonek, Karen Knudson, Kelly Schoen, Rob Deede, Jesse Weigel (Nursing Student), Char Ahrens

Group: Mental Health Interagency Council

<b>Topic</b>	<b>Discussion</b>	<b>Follow Up</b>
<b>Introductions/ Updates</b>	<p>Jaye Bessa is retiring from the Rhinelander School District and leaving our Council. She may keep in touch with our group periodically.</p> <p>We will all miss her professionalism, expert knowledge, and hard work to promote mental health anti-stigma activities both within and outside of the council. She set the gold standard for her work involving the Rhinelander School District (RSD), and we now reap the benefits of this cooperative spirit between our council and RSD psychology teachers and students. She has been with the Mental Health Interagency Council since its inception in 2007! Congratulations, Jaye, and we wish you all the best!</p> <p>RSD: Stephanie Pittman (sp?) is the new school psychologist replacing Jaye. Jaye will inform her of our council.</p> <p>Jesse Weigel is a nursing student, and has been learning about public health. She has been working for Ministry Women's Health.</p> <p><b>Interdisciplinary Team (I Team)Committee:</b> Tentatively hosting an in-service/ panel discussion on the issue(s) of Hoarding. March 26, 2012 Oneida Co. Aging Conference Room 9:00 to 12:00 at 100 W. Keenan St (across from Trig's Riverwalk Centre).</p>	<p>Ms. Pittman is invited to join our council. We continue to need this expert opinion, knowledge of preventative mental health strategies for youth/adolescents, and a liaison to RSD.</p> <p>Char and Sue Piazza will have more information as the event is planned next year.</p>

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	<p><u>Birth to 8 Council</u> : Maureen noted there will be a Family Visitors Summit being planned for possibly March 2013. The topics will include safety issues and ethical boundaries- training would be appropriate for anyone going into homes.</p>	<p>Maureen will have more information as the event is planned. Emails will be sent out.</p>
<p><b>Frank B. Koller Mental Health Summit 2013</b></p>           <p><b>AHEC Intern Projects/Update</b></p>	<p>Andrea reviewed information about the origins of the Koller Foundation as presented by Dr. Gina Koepl to the 2013 Summit Planning Workgroup today. Summit topics to include suicide prevention and cyberbullying— narrowing focus of summit. Need to choose date and venue. Intention to hire a nationally-renowned speaker as keynote.</p> <p>Gail has 3 interns currently working on: Adolescent Brain changes from use of Alcohol &amp; Drugs—doing ppt; Revising mental health and Children with Special Needs resource guides; work with Bob Kovar and substance abuse issues.</p> <p>Gail is also semi-retiring from AHEC and will be gone for some time, but in need of project ideas for the 2013 Spring Interns. Ideas given today: <u>Char (OCHD)</u>: compilation of state and county data re: <i>hoarding issues/health hazards</i> for 3/26/12 event for I Team Committee. <u>Pam (Vilas HD)</u>: Media Campaign/Video for education, topic <i>Public Health 101</i> (to include functions/work of public health).</p>	<p><b>Ideas and contact info for keynote speaker on cyberbullying/bullying and suicide prevention, elder abuse(?) breakout sessions appreciated.</b></p>

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<p><b>AHEC Update</b></p>	<p><u>Andrea (Ministry):</u> poster presentation re: <i>Brain Diseases</i> for use at events such as health fairs, etc.</p> <p><u>Jaye (RSD):</u> New <i>DSM</i> due out next summer. Need presentation on differences/changes in <i>DSM</i> criteria.</p> <p>Also, help school grantwriter with MH grant by doing literature review or research. Need to review what MH programs/models might work in context of rural schools (such as RSD). Emphasis on goals to include: AODA and Mental Health Services in schools; Anger Management &amp; Emotional/Behavioral Disabilities in Pre-K and Kindergarten (Elementary!)-age students.</p> <p>Gail noted that there is a \$500.00 fund left to use for group needs for Summit, if any. Last year, this money was used to pay student scholarships for the Summit.</p> <p>AHEC WI Express: Offering a week-long cultural immersion week for health career college students who might be interested—must apply to AHEC WI Express. There is a \$100.00 cost for this that includes lodging, transportation, and lodging. (Gail: please let me know if this information is not correct! Thanks, Char)</p>	<p><b>Jaye will send contact info for Dave Wall and Kathy Bates to Gail for these proposed projects.</b></p>
<p><b>QPR Train-the-Trainer Suicide Prevention Class</b></p>	<p>To date, there are 6 people interested from our immediate area in becoming a QPR Trainer (3 from Vilas Co). Decision was made to hold class for Northern Region in <b>April 2013</b>, date and location TBD (i.e., Northland Pines, RSD, Minocqua Library, Ministry Conference Room).</p>	<p><b>Additional details about class specifics to follow. Char emailed Debi Traeder 12/5/12, and she is thrilled to do the class. She is offering to promote via Mental Health America/WI site and to</b></p>

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	<p>One day session, materials cost #395.00.</p> <p>Gail had written for a \$1000.00 grant from AHEC for this training, which would allow for two attendees from our group. <i>Nancy Dewitt</i> was first to volunteer from our council*. The other attendee to be determined .</p> <p>Discussion as to use of some funds gained from last year's summit for purpose of QPR Training class scholarship(s), and for the 2013 Summit to be continued.</p> <p>*As an important side note, a little birdie told me that they thought <i>Nancy</i> had been with the Council since 2007, also! THANK YOU, NANCY, for your continued, active support of this council's efforts. You are very much appreciated for all you do, and for your expert consultation.</p> <p><i>My thanks to all of you who have been active supporters of the Mental Health Interagency Council, and most of all, for being such a professional, yet fun, group to work with.</i></p> <p><i>Wishing you all a wonderful holiday season and a happy, healthy 2013! Char</i></p>	<p><b>CESA groups.</b>  <b>We are free to ask around for other interested participants. Please let Char know name and contact information.</b></p> <p><b>Final 2012 MH Summit funds are managed by Linda Wilkins and Cathy Koerpel at Family Partners. Please bring 2012 Summit fiscal statement/record to next Summit Planning Meeting, January 8, 2013. Thank you!</b></p>
Next MH IAC Meeting	<p><b>January 8, 2013, St. Mary's Hospital, Conference Room 1*, 11:30 to 1:00</b></p> <p><b><i>*Reserved with Mary Moxon of MMG</i></b></p>	<p><b>Future Dates: Feb. 5, Mar. 5<sup>h</sup>, April 2, May 7, June 4 NO JULY, Aug. 6, Sept. 3, Oct. 1, Nov. 5, Dec. 3</b></p>