Northwoods Breastfeeding Coalition

Improving the health of our communities by protecting, promoting and supporting breastfeeding in Oneida, Forest, Vilas and Price Counties

February 5th, 7:30 AM—9:00 AM
St. Mary’s Hospital, Rhinelander
Conference Room 1

Purpose: To share brief updates on member’s breastfeeding activities and concerns, to provide education to members, to strengthen & sustain the coalition and to successfully implement our 2012 Work Plan

Members: Jessica Belunes RN (MCMC), Misti Lavin APA (MCMC) Barb Stoddard, RN, IBCLC (Retired) Paula Hanson RD,CD (DHHS), Hope Williams, RD,CD, CLS (Vilas County, PCHC) , Debra Durshlag, RD, CD, IBCLC (Retired), Nancy Bauer NP, IBCLC (St. Mary’s), Cheri Nemec RD, CD, CLS (GLITC), Brenda Husing RD, CD, CLS (OCHD) Leslie Borne, RN, CLS by phone (Price County), Melissa Koengeter, by phone RN, IBCLC (HYMC), Deb Bellamy, by phone RN, CLS (Forest County),

7:30 Welcome
Brenda Husing

BH: Some questions from members about commitment letter, not intended to limit anyone, or ask more than they are able to give.
DD: can we add a sentence on the commitment letter about the purpose.
BH: LeLeche meetings are no longer taking place, but Katrina is still available

7:35 Introductions and member updates

Womens Health NP, MCMC
BH- Oneida County, updates: excited about the new breast pumps available, and brought poster (link)
PI-Northern Region Office
HW-LEAN (Information in minutes), DD (commitment letter from NWBFC to LEAN)
BS-Retired, no updates; CLC training nearby (link)
DD-Retired, WALKC meeting 3/7-3/8 (link); ilactation.com, US Lactation Consultant Association (webinars, online training, open access journal); ILCA (core curriculum 3rd edition available) good resource, reference guide 2012 Nutrition and

Please visit our website: http://oneidacountypublichealth.org/?p=628
LIKE us on Facebook: Northwoods Breastfeeding Coalition
Physical Activity Survey for our coalition, continue to score high (link). Check out facebook page and “like” us. Each county to bring WIC breastfeeding statistics to meetings (% of exclusive BF-where we are and where we are going)
NB: noticing changes in staff being more comfortable with breastfeeding, Dr. Kohar had her baby and is BF ☺, noticing more skin to skin contact. Kuddos to the staff, improving. Has a new nurse working with her and Dr. Bentley-interested in BF. , DD recommended Wellstar course, Has been giving out new bf resource guide
CN: no updates; new peer counselor going to training, Wisconsin Dells; bad river: baby that would not take formula, switched back to fully bf.
JB: new OB teaching, open ended questions past experience with BF, most moms say they had a good experience with HYMC.
LB: (did not get first part of update), Aspirus baby fair,
DD: lets add activities to the workplan, as the year goes on instead of trying to remember at end of year.
PI: add directly to work plan after meetings
MK: __doing well in supporting new policy.
DB: Increase in BF numbers has been phenomenal with Andrea (peer counselor?) on board. Will send statistics to DD
ML: MCMC working on offering more specific education to patients during OB visits

8:00 Northwoods Breastfeeding Coalition Funds
Debra Durchslag

DD: Current Budget, we begin a discussion of what we would like to do with funds that we have, last year joined WI BF Coalition $75.00, includes 2 admissions to State Conference/ Meeting (June), Annual Meeting in December $100.00, when looking at workplan did not notice WI BFC (will look at and bring back) Support for education for members CE’s (scholarship),or partner with clinics/ hospitals to bring speakers in, webpage? August Breastfeeding Week promotion?, Food for Building Bridges-possible snacks?
If anyone has BF education needs that they are unable to afford they should contact a member of the board
Surveys, mailing, marketing, duplication
Any objections: none

8:10 Workplan for 2013

Please visit our website: http://oneidacountypublichealth.org/?p=628

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Executive Committee

BH: Reviewed, who will focus on what in 2013? Member discussion. Please contact me, Hope Williams, if you are specifically working on a section, we would like to know what members are doing

8:40 Journal club - Lactation and cardiovascular risk factors in mothers in a population-based study: the HUNT-study
http://www.internationalbreastfeedingjournal.com/content/pdf/1746-4358-7-8.pdf
Debra Durchslag

BH: Any member is welcome to submit an article to Journal Club

9:00 Adjourn

Treasurer's Report:
We have $1,775.65 in the bank as of 12/31/12. ($5.00 in Savings the rest in Checking).
We spent $9.72 for the Annual Meeting for food, the rest of the food and beverages was donated by St. Mary's Hospital.

To join via teleconference
Local: 715-361-2800 or Toll Free: 866-434-8293
Participant Code: 8041#

Next Meeting April 2nd

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