

WEBSITE: www.OneidaCountyPublicHealth.org

Open Enrollment for Affordable Health Care information go to:
WWW.HEALTHCARE.GOV

Oneida County Health Department
REPRODUCTIVE HEALTH CLINIC

100 W. Keenan Street, Rhinelander WI 54501

Please call for an appointment:
(715) 369-6116

Appointments are preferred but "walk ins" are welcome.

Located in the *upper* level of the Department of Health and Aging Building

OPEN Monday- Friday: 8:00 am – 4:30 pm

NP exams also on TUESDAYS from 8 am until 6:00 PM

Late hours: OPEN every TUESDAY until 6:00 PM

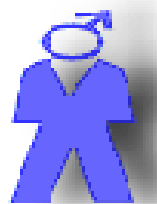


The Oneida County Health Department-Reproductive Health Clinic (RHC) administers the Wisconsin Family Planning and Reproductive Health state grant that provides safe and effective contraception services to enable women and couples to achieve their family planning goals.

The Reproductive Health Clinic (RHC) provides **affordable and confidential** reproductive health care services to **both men and women**.

Reproductive Services include:

- Routine Physical Exams including Cervical Cancer screenings and other gyn problems
- STD screening and Treatment
- HIV Screening
- Pregnancy testing and Counseling
- Preconception (before Pregnancy) Planning & Post Partum Contraception
- Birth Control Supplies
- Sexual Health Education



Wisconsin Family Planning Information at:
www.wisconsinfamilyplanning.org

For more information check out:

www.bedsider.org for Birth Control Information and Reminders

STD Information: <http://www.cdc.gov/std/>

Birth Control Methods www.arhp.ORG/METHODMATCH/

For more information on **Emergency Contraception (EC)** go to : <https://www.youtube.com/watch?v=7Vozr9vHeMo>

Bone Health: <http://www.cdc.gov/nutrition/everyone/basics/vitamins/calcium.html>

General Health and Sexual Health Information for Teens: <http://kidshealth.org/teen/>

Healthy living: www.womenshealth.gov & <http://www.hsph.harvard.edu/nutritionsource/healthy-eating-plate>

Family Planning ONLY Services Waiver and BadgerCare Applications: www.access.wisconsin.gov

All Reproductive Health care services are CONFIDENTIAL by state law.



Oneida County Health Department

Celebrating 32 years of



Reproductive Health Care

HEALTH DEPARTMENT

To find *your* Immunization Record go to
PUBLIC RECORD access at:

www.dhs.wisconsin.gov/immunization/WIR.htm

Call the Oneida County Health Department at
715- 369-6111 for an appointment and to see if you
are eligible for the FREE immunization program
including HPV cancer and wart prevention vaccine.

Quit Smoking!

Interested in quitting smoking cigarettes?
Call: Wisconsin Tobacco Quit Line
1-800-784-8669

Or go to:
www.ctri.wisc.edu/quitline

WIC PROGRAM

Women, Infants & Children
Nutrition Program
715-369-6109

WIC provides nutrition information; referrals and
checks to mothers to buy food that helps keep them and
their children healthy and strong.

BONE HEALTH Info:

Calcium is a mineral needed by the body for
healthy bones, teeth and proper functions of the
heart, muscles and nerves.

Good Sources of calcium are:
Dairy Products, dark green leafy vegetables and
calcium fortified foods and nuts

National Academy of Science
Recommends individuals:
Ages 14-18 yr olds get 1300mg/day
Ages 19-50 yr olds get 1000mg/day

Wisconsin Well Women's Program

Available to Women ages 45-64
Who are *uninsured* or *underinsured* and are income eligible.
Contact: Nichole Peplinski, RN at 715-369-6119 for an appt.

REPRODUCTIVE HEALTH Clinic

REPRODUCTIVE HEALTH CLINIC STAFF:
ANNE C.- CHES, LIZ W.- RN,
TRACEY S. -APNP & BETH S.-CLERK

For appointments: Call: 1-715-369-6116

OPEN Monday- Friday: 8:00 am – 4:30 pm
Tuesdays NP exams available from 8 am – 6:00pm

Tuesday's- LATE DAY – 6:00 PM

Income eligible women & men
qualify for services through the
WI Family Planning ONLY Services
(WFPOS).

To apply for these services go to:
www.access.wisconsin.gov

Income Eligibility: as
of March 1st, 2016
for WFPOS:
306%
Federal
Poverty Level =
\$2,975.85 /mo
for 1 person

*Remember to record the tracking number.

~If you don't have access to a computer, we can help!

* If you are not eligible for the WFPOS,
then a "sliding fee scale" can be used to give you
reduced prices for our services and supplies!
**ASK FOR A COPY OF YOUR BILL
AFTER EVERY OFFICE VISIT!**

Prompt Pay Discounts are also available!

~If your account is not paid by the end of the following month,
a 1% finance charge is added to the balance.

*Family incomes can be renegotiated at any visit.

Contraceptive Supplies

Call in advance at 715- 369-6116 to have your
supplies ready for in-person pick-up
or to be mailed to your home.

Women can receive
Emergency Contraception "in Advance"
at any RH clinic regardless of age.

IN CASE OF AN EMERGENCY AFTER HOURS:

Contact a local medical clinic:
Rhineland: 715- 361-2000
Minocqua: 715- 356-8000
Eagle River: 715-479-7411