

My Breastfeeding Story

I had my first born in August of 2012. I was very excited. I only wanted to Breastfeed baby. The first couple times nursing was hard due to baby and I both learning on how to do it. When we were in the hospital, leaving I said "I didn't need to follow up with the lactation consultant." Only to find out shortly after I felt my baby wasn't getting enough breast milk. I called and met with the lactation consultant at the hospital and it was great. My baby (Logan) wasn't gaining much weight. We called his primary doctor and both decided to supplement formula. From the time he was 2 months he started to finally gain weight. Once he started eating solids he ate anything and everything.

I was a very tough to do Nursing, bottle feeding all together. Plus, when went back to work the pumping was my toughest thing. I hung in and did it all. Sarah called me SUPER-MOM!!! In the end, I have a healthy baby boy; who is almost 1!!

One of the reasons I wanted to breastfed was to have bonding time with my baby. He is such a momma's boy to this point. I think the most challenging part for me was that my milk didn't produce fast enough for a very hungry baby boy.

To all the expecting mom's, I would say to do what you feel is the best for you and your child. If you have problems or are curious about child call the WIC office, lactation consultant or primary care doctor. Sarah and Brenda are the BEST. They both were great help to me. Great support helps. I appreciated what they both had to offer me.

I took advice that was given to me by friends, family, and medical doctors. In the end do what you feel is best for your son and or daughter.

~Mallory