Online Breastfeeding Resources

Pregnant and Nursing Moms

Kelly Mom Parenting & Breastfeeding: kellymom.com/
Dr. Jack Newman: www.drjacknewman.com
Cindy Curtis: www.breastfeedingonline.com

Hands on Breastmilk Pumping: Video
newborns.stanford.edu/Breastfeeding/
MaxProduction.html

Hand Expression of Breastmilk: Video
newborns.stanford.edu/Breastfeeding/
HandExpression.html

Breastfeeding Friendly Child Care Centers; www.dhs.wisconsin.gov/publications/PO/
P00022.pdf

Working and Pumping: www.workandpump.com

La Leche League: www.lalecheleague.org

Professionals

Academy of Breastfeeding Medicine
www.bfmed.org/
Wisconsin Association of Lactation Consultants
www.walc.net/

American Academy of Pediatrics
www.aap.org/breastfeeding/

International Lactation Consultants Association (ILCA): www.ilca.org/

US Department of Health & Human Services
Womenshealth.gov/breastfeeding/
The Business Case for Breastfeeding
mchb.hrsa.gov/pregnancyandbeyond/breastfeeding/

WI Breastfeeding Friendly Childcare Certification Program: woodcountybreastfeeding.org

WI Right to Breastfeed Law: https://www.dhs.wisconsin.gov/nutrition/breastfeeding/
right-breastfeed-businesscard.pdf

Fact Sheet on Break Time for Nursing Mothers:
http://www.dol.gov/whd/nursingmothers

Breastfeeding Resource Guide:
People you can call with your Breastfeeding Questions

Find us at: Northwoods Breastfeeding Coalition
www.oneidacountypublichealth.org/breastfeeding-coalition/

Like us on Facebook: Northwoods Breastfeeding Coalition

Northwoods Breastfeeding Coalition

Protecting, Promoting and Supporting Breastfeeding

Forest, Oneida, Price and Vilas County

Breast Pumps

Home Medical Products and Services
1. 535 A Lincoln Street, Rhinelander, WI 54501
Phone: 866-278-8312 or 715-369-2525
FAX: 715-369-0942

2. 8668 U.S. Highway 51 North, Minocqua, WI 54548
Phone: 866-861-7419 or 715-358-2500
FAX: 715-356-0050

Medela - Lactina Hospital Grade Rental *
Double Pump & Pumping Kit*

Hollister – Purely Yours*

Medela – Pump in Style *
* Depending on your HMO, Pumps paid for by Badger Care+
Program with RX from provider

Affinity/Ministry Home Care Plus
Hwy 51 in Arbor Vitae
Phone: 715-356-8110 or 1-866-357-6502
FAX: 715-343-5441

Pumps and breastfeeding accessories available. Please call for further information.

Forest County Health Dept.-reduced cost pumps available

Local WIC programs (Forest, Oneida, Price & Vilas)

Ameda – Purely Yours Breast Pump
Medela – Pump in Style Breast Pump
Medela – Manual Breast Pump
Medela Lactina—Hospital Grade Rental
Double Pump & Pumping Kit
Hygeia — Hygeia EnJoye

Affordable Care Act: Call your insurance provider to find your coverage for breastfeeding support & supplies (pumps and parts).
**Health Departments & WIC Programs (continued)**

### Oneida County

**Health Department**

Public Health Nurses: 715-369-6111  
**WIC Program:** 715-369-6109

Brenda Husing RD,CD,CLS 715-369-6186  
BFPC Andrea Johnson 715-889-4145  
ajohnson@co.oneida.wi.us

**Prenatal Care Coordination Program (PNCC)**

Dawn Klink RN 715-369-6107

### Price County

**Health Department**

Public Health Nurse, PNCC  
Leslie Borne RN, BSN, CLS 715-339-3054

**WIC Program**

Dani Hoffman RD 715-339-3054  
BFPC Leslie Borne RN, BSN, CLS

### Vilas County

1. **Health Department**

Public Health Nurse, PNCC & WIC  
Lori Bergum RN, BSN, CLS 715-479-3656

**WIC Program**

Mary Sikora-Peterson RD,CD,CDE 715-588-3371

Laurel Dreger RN, CLS 715-479-3656

2. **Peter Christensen Health Center**

Lac du Flambeau  
PNCC & Honoring Our Children Project  
Michaela Daubon RN 715-588-3371 ext. 1906  
**WIC Program/GLITC:**  
FAX 1-715-588-2471

Mary Sikora-Peterson RD, CD, CDE 715-588-3371

### Home Visiting Program

**Children’s Hospital of WI Home Visiting Program:**  
Forest and Oneida Counties  
Lynne Larsen 715-361-2890;  
lygne.larsen@cssw.org

**Independent Consultant**

Natural Baby - Abbey M. Dall IBCLC  
715-365-3440

Northwoods Breastfeeding Coalition:  
www.oneidacontypublichealth.org/breastfeeding-coalition/  
Like us on Facebook  
Northwoods Breastfeeding Coalition

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**Childbirth Classes**

Howard Young Medical Center Class  
Pam Buchwalter RN 715-356-8500

Ministry-St. Mary’s Hospital  
715-361-2088 or register at ministrtyhealth.org/q/2452

**Drugs, Breastmilk & Breastfeeding**

LactMed-Toxnet (Drug & Lactation Data Base  
Nat. Library of Medicine)  

Medications and Mothers’ Milk,  
A Manual of Lactation Pharmacology 2012,  
Thomas Hale, Ph.D.  
www.ibreastfeeding.com

**ZipMilk.org**

Enter your zipcode at ZipMilk.org to find  
breastfeeding support near you

Find **Certified Breastfeeding Friendly**  
Child Care Centers on the Northwoods  
Breastfeeding Coalition Website:  
oneidacontypublichealth.org

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**Credential Key**

IBCLC: International Board Certified  
Lactation Consultant  
CLS: Certified Lactation Specialist  
CLC: Certified Lactation Counselor  
BFPC: Breastfeeding Peer Counselor  
RD: Registered Nurse  
CD: Certified Dietitian

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Protecting, Promoting and  
Supporting Breastfeeding

Forest, Oneida, Price and Vilas County